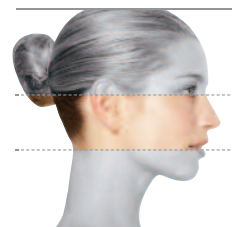




BEFORE AND AFTER
26 years old. Nine months after rhinoplasty. Procedure performed by Daniel Shapiro, MD; Paradise Valley, AZ.

< BEFORE



THE NOSE IS RIGHT IN THE MIDDLE OF THE FACE, MAKING IT THE MOST PROMINENT FACIAL FEATURE

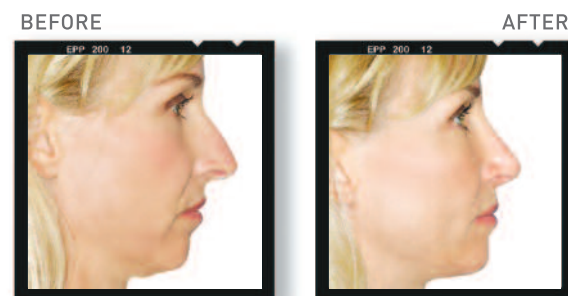
change your entire face

The nose is the first facial feature other people notice, not only because it's in the middle of the face, but because it's always exposed, as opposed to the eyes, which can be shielded by glasses. Dallas plastic surgeon Jack Gunter, MD, stresses, "Different people have different features, so there's no one nose that fits every face." This philosophy has evolved greatly over the past few decades. According to Dr. Gunter, the "operated" look of the last century with a scooped slope and pinched tip has given way to more individualized outcomes thanks to changes in rhinoplasty techniques that allow surgeons to more easily use grafts to change the framework of the nose. This enables surgeons to add to the framework of the nose (which is made of bone, cartilage and ligaments) when necessary, rather than just taking away.

"People are turning to rhinoplasty not only to change their nose, but the appearance of their entire face," says Dr. Silich, and rhinoplasty targets a wide array of concerns. According to Dr. Gunter, "The three most common flaws addressed by rhinoplasty are a hump on the bridge, a bulbous tip and a nose that is too large



20 years old. Rhinoplasty and chin augmentation. One year post-op. Procedure performed by Jack Gunter, MD; Dallas, TX.



39 years old. Three months after rhinoplasty. Procedure performed by Daniel Shapiro, MD; Paradise Valley, AZ.

when compared to other facial features." Regardless of the flaws fixed, Dr. Gunter explains that the most important goal should be a natural-looking outcome. While the nose plays a vital role in overall appearance, "as long as it looks natural, the nose doesn't draw a lot of attention to the face."

When selecting a plastic surgeon for rhinoplasty, Dr. Gunter emphasizes the importance of selecting an experienced doctor. "Rhinoplasty is probably one of the most challenging procedures we do, both technically and aesthetically," and he advises patients to seek out a surgeon who specializes in the procedure, or at least performs it frequently. "The best time to get it right is the first time," he says.

THE AGING NOSE

Is it a wives' tale that the nose continues to grow as we age? According to Dr. Gunter, it is a fallacy that the nose gets larger with age. He explains that the nose may look larger because of the effects of gravity. "Ligaments and other tissues loosen and the nose begins to slide down off the framework of bone and cartilage, leading to a droopier appearance." For this reason, rhinoplasty can offer dramatic results for older patients looking to rejuvenate their appearance by moving the tissues back to where they once were.

AFTER >

THE NOSE

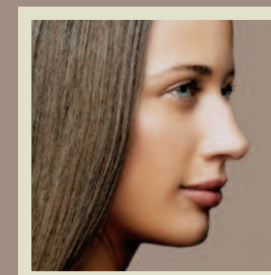
THOUGH MANY PEOPLE ASSOCIATE RHINOPLASTY WITH TEENAGERS, THE FACT IS THAT MORE THAN HALF OF ALL NASAL PROCEDURES ARE PERFORMED ON THOSE OVER THE AGE OF 35, ACCORDING TO THE AMERICAN SOCIETY FOR AESTHETIC PLASTIC SURGERY. WHETHER UPTURNED AND CUTE OR STRAIGHT AND ELEGANT, "THE NOSE ITSELF LENDS A TREMENDOUS AMOUNT OF PERSONALITY," SAYS NEW YORK CITY FACIAL PLASTIC SURGEON PHILIP MILLER, MD.

WHAT KIND OF NOSE do you have?

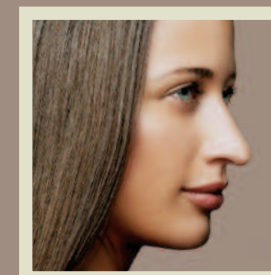
Computer-simulated images provided by Canfield Imaging Systems.



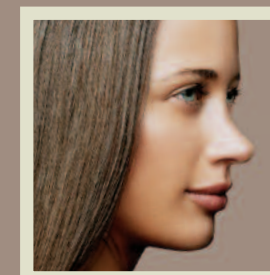
BULBOUS TIP



HUMP



DROOPIY TIP



LOW BRIDGE